National Survey for Depressed Patient Sample

[Information in brackets describes the formatting and flow of the survey in its online version. It is not displayed to participants.]
[PEI] denotes a place where the name of a participant's assigned PEI is automatically piped into the survey text.

Research Participant Information and Consent Form

1. EXPLANATION OF THE RESEARCH and WHAT YOU WILL DO

You are being asked to participate in a research project that will ask you about your views about clinical depression and its treatment. After answering a few preliminary questions, you will watch a brief video showing a hypothetical interaction between a psychiatrist and patient. You will then answer a few questions about the video before answering some other questions about the proposed intervention featured in the video. At the end, you will answer some basic questions about yourself (age, education, etc.). Completing this survey should take approximately 18-20 minutes. You must be at least 18 years old to participate in this research.

2. YOUR RIGHTS TO PARTICIPATE, SAY NO, OR WITHDRAW

Participation in this research project is completely voluntary. You have the right to say no. You may also change your mind at any time and stop answering questions or skip a question if you are uncomfortable with any question.

3. COSTS AND COMPENSATION FOR BEING IN THE STUDY

You will not incur any costs for participation in this research. For your participation, you will be compensated through your regular contract with your panel provider.

| 4. CONTACT INFORMATION FOR QUESTIONS AND CONCERNS | |
|---|---------------|
| If you have concerns or questions about this study, please contact the researcher by postal mail: | |
| Michigan State University; East Lansing, MI 48824, or by phone at | or by e-mail: |
| | |

5. CONSENT TO PARTICIPATE

By clicking on the following button, you indicate your voluntary agreement to participate in this online survey. I agree to participate.

When you have completed answering the question on each page, click on the right arrow at the bottom of the page to advance.

Please Tell Us about Yourself

| What is your gender? |
|---|
| female |
| non-binary |
| prefer to self-describe: |
| prefer to sen describe. |
| How old are you as of today? |
| 18-24 |
| 25-34 |
| 35-44 |
| 45-54 |
| 55-64 |
| 65 or older |
| Are you Hispanic, Latino, or Chicano? |
| no |
| yes |
| What is your race/ethnicity? Select all that apply. |
| White |
| Black or African-American |
| Native Hawaiian or Other Pacific Islander |
| Native American/American Indian or Alaska Native |
| Asian or Asian-American |
| Arab-American or Middle Eastern |
| other (please specify): |

Information about income is very important to understand. Would you please give your best guess? Please indicate the answer that includes your entire household income (previous year) before taxes.

less than \$25,000 \$25,000 to \$49,999 \$50,000 to \$74,999 \$75,000 to \$99,999 \$100,000 to \$149,999 \$150,000 to \$199,999 more than \$200,000

Your Views on Potential Sources of Mental Health Information

Where have you gotten information about mental health in the LAST 12 MONTHS? Select all that apply. [item order is randomized]

my primary care physician

psychiatrists

psychologists or other mental health care providers

newspapers or newsmagazines

movies or television shows

websites or social media

family members or friends

scientific articles or books

How much do you DISTRUST or TRUST each of the following groups or organizations when it comes to information about your mental health?

neither

strongly moderately slightly distrust slightly moderately strongly distrust distrust nor trust trust trust

[item order is randomized]

my primary care physician

psychiatrists

the scientific community

the US Centers for Disease Control and

Prevention or CDC

the US Food and Drug Administration or FDA

policy-makers in elected office

pharmaceutical companies

medical device companies

alternative health care providers

(including naturopathic or chiropractors)

family members or friends

religious leaders and organizations

A Short Video on Clinical Depression and Its Treatment

We would like you to watch a short video featuring a HYPOTHETICAL INTERACTION between a psychiatrist and her patient with treatment-resistant depression, a type of clinical depression that is rather difficult to treat.

This video is a core element of our research study.

Thus, it is important to us that you CAREFULLY WATCH this hypothetical scenario IN ITS ENTIRETY.

If you are completing our survey on your smartphone, you may need to turn your phone 90 degrees (to landscape orientation) to see the full screen.

On subsequent pages, we will ask you several questions about the proposed intervention that is featured in the video.

[experimental stimulus: one of eight randomly assigned embedded videos]

Thanks for carefully watching this hypothetical scenario, which is central to our research study.

A Few Questions about the Hypothetical Interaction in the Video

How many trials of antidepressants has Mary tried so far? none, only psychotherapy one trial of antidepressants two trials of antidepressants three trials of antidepressants Given what you saw in the video, rate Mary's clinical depression on the following scale.

mild moderate severe depression depression 1 2 3 4 5 6 7

What BEST describes the essence of the new intervention that Dr. Wilson suggested to Mary?

the intervention works via ingested mood-altering chemicals

the intervention sends electrical stimulation through the scalp

the intervention sends magnetic stimulation through the scalp

the intervention sends constant electrical stimulation through a brain implant

the intervention sends variable electrical stimulation through a brain implant

Using the scales below, tell us what you think of the new intervention that Dr. Wilson suggested to Mary.

On some smartphones, you may need to scroll left and right to see the full horizontal scale.

In your opinion, [PEI] seems: [item order is randomized]

dangerous
scary
inhumane
crude
disgusting
barbaric
dubious
unpredictable

safe comforting humane sophisticated pleasant civilized reputable predictable

substantially

interfere

greatly

interfere

Some Questions about [PEI]

We will now ask you some questions about the proposed intervention featured in the video. For each question on this page, place yourself in Mary's shoes and think about the intervention that Dr. Wilson proposed.

minimally

interfere

We want to know YOUR VIEWS AND ATTITUDES about this intervention.

In your view, how much would getting [PEI] INTERFERE with the following aspects of Mary's life?

not at all

interfere

[item order is randomized]

the physical structure of her brain the electrical signals in her brain

her bodily functioning in general

her sense of self

her expression of emotions

her daily lifestyle

In your view, how much of a NEGATIVE or POSITIVE influence would getting [PEI] have on the following?

moderate slight slight strong no moderate strong negative negative negative influence positive positive positive influence influence influence at all influence influence influence

somewhat

interfere

[item order is randomized]

Mary's agency or free will

Mary's authentic self

Mary's ability to function in daily life

Mary's independence

Mary's self-control

Mary's influence over her life circumstances

Mary's personality

In your view, to what extent would each of the following be a RISK for Mary getting [PEI]?

no risk minimal slight moderate substantial great at all risk risk risk risk risk

moderately

interfere

[item order is randomized]

it causes physical injury (e.g., brain damage)

it creates biochemical dependence (e.g., increased craving/tolerance)

it triggers personality change (e.g., erratic moods)

it produces cognitive impairment (e.g., memory loss)

it provokes social stigma (e.g., negative peer judgments)

In your view, to what extent would each of the following be a BENEFIT for Mary getting [PEI] moderate substantial no benefit minimal slight great [item order is randomized] at all benefit benefit benefit benefit benefit it precisely targets depression in Mary's brain it is safer than taking antidepressant medications it quickly relieves depression symptoms its stimulus is not addictive its stimulus is easily adjustable it reduces Mary's need to take a daily antidepressant drug with it, Mary won't have to talk about her feelings Some More Questions about [PEI] Use the following scale. In your view, how bad would it be to live with treatment-resistant depression every day? moderately extremely bad bad 2 8 1 3 5 6 7 9 10 Think about the symptoms of treatment-resistant depression and what you now know about [PEI]. Which phrase below BEST captures your current thinking on these? Overall, I think [PEI] seems than living with treatment-resistant depression. much worse than slightly worse than the same as slightly better than much better than In the comment box below, please FULLY EXPLAIN your answer to the PREVIOUS QUESTION. The more details that you provide, the better we will understand your reasoning--which is crucial for our research project. [insert comment box] If you were in Mary's shoes, how UNLIKELY or LIKELY would you be to get [PEI] to improve your depression? very unlikely somewhat unlikely I'm not sure somewhat likely very likely A Few More Questions about [PEI] Consider each of the following policies or actions about using [PEI] to treat clinical depression. Indicate whether you OPPOSE or SUPPORT each one IN YOUR STATE. neither strongly moderately slightly slightly moderately strongly oppose [item order is randomized] oppose oppose oppose nor support support support support use state tax revenue to cover the costs of using [PEI] for treating depression for those with verified financial need use state tax revenue to fund more research on using [PEI] for treating depression require each county to have at least one medical facility that offers [PEI] for treating depression prohibit the use of [PEI] for treating depression until we have more evidence of its safety and efficacy prohibit the use of [PEI] for treating depression in legal minors (under the age of 18) ban all use of [PEI] for treating depression

| Below are potential factors that may limit the use of [viii] for addressing treatment-resistant depression in society generally | |
|--|--------|
| indicate what you think are the THREE MOST IMPORTANT PRACTICAL BARRIERS to its use. [item order is randomic | ized] |
| Enter "1" to the left of the factor you think is the first most important barrier. | |
| Enter "2" to the left of the factor you think is the second most important barrier. | |
| Enter "3" to the left of the factor you think is the third most important barrier. | |
| limited evidence of the treatment's effectiveness | |
| lack of understanding of [PEI] | |
| out-of-pocket cost | |
| lack of insurance coverage | |
| low public trust in mental health system | |
| treatment is not available in all geographic areas | |
| stigma about treatment | |
| frequency of treatment | |
| Below are other potential concerns you may have about [PE] for addressing treatment-resistant depression. Please indicate THREE TOP CONCERNS about its use. [item order is randomized] Enter "1" to the left of the item that is your first most important concern. Enter "2" to the left of the item that is your second most important concern. Enter "3" to the left of the item that is your third most important concern. [limited evidence of the treatment's safety treatment is too intrusive patient may lack sufficient information for informed consent treatment may be delivered without the patient's consent patient not getting the treatment when it would actually help them | e your |
| | |
| Please Tell Us about Yourself | |
| Before today, were you aware of any of the following? Select all that apply. | |
| an adaptive brain implant | |
| antidepressant medication | |
| deep brain stimulation | |
| electroconvulsive therapy | |
| psychotherapy | |
| repetitive transcranial magnetic stimulation | |
| vagus nerve stimulation | |
| I was unaware of all of these | |
| Have you tried any of following interventions as a way to deal with depression? Select all that apply. | |
| CBD oil | |
| deep brain stimulation | |
| electroconvulsive therapy | |
| exercise | |
| ketamine | |
| light therapy | |
| repetitive transcranial magnetic stimulation | |
| prescription medication | |
| psychotherapy | |
| vagus nerve stimulation | |
| I have not tried any of these | |
| What is your gender? | |
| male | |
| female | |
| non-binary | |
| prefer to self-describe: | |
| How old are you as of today? | |
| 18-24 | |
| 25-34 | |
| 35-44 | |
| 45-54 | |
| 55-64 | |
| 65 or older | |

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Are you Hispanic, Latino, or Chicano?
      no
      yes
What is your race/ethnicity? Select all that apply.
      Black or African-American
      Native Hawaiian or Other Pacific Islander
      Native American/American Indian or Alaska Native
      Asian or Asian-American
      Arab-American or Middle Eastern
      other (please specify):
What is the highest degree or credential you have earned?
       12th grade or less
      high school diploma or GED equivalent
      associate's degree
      bachelor's degree
      master's degree
      professional degree (e.g., law or medicine)
      doctorate degree
Do you think of yourself as liberal or conservative?
      very liberal
      liberal
      slightly liberal
      middle-of-the-road
      slightly conservative
      conservative
      very conservative
How often do you attend religious services?
      never
      about once a year
      a few times a year
      once a month
      a few times a month
      every week
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Thank You!

more than once a week

Thank you for participating in our study. Please let us tell you more about it.

We are investigating people's views on a class of interventions for treatment-resistant depression that are called psychiatric electroceutical interventions (PEIs). Specifically, we are examining how the severity of a patient's depression and the characteristics of a PEI may influence people's views about such an intervention.

We created eight videos that featured a hypothetical interaction between a psychiatrist and her patient. Each character was played by a professional actor. was the psychiatrist "Dr. Erica Wilson," and was the patient "Mary." Sue Way recorded and edited the videos.

You were randomly assigned to watch one of these eight video vignettes. Your video vignette highlighted one of four PEIs: electroconvulsive therapy (ECT), repetitive transcranial magnetic stimulation (rTMS), deep brain stimulation (DBS), or an adaptive brain implant (ABI). Also, your video vignette presented a patient with either moderate or severe depression.

ECT and rTMS are approved by the US Food and Drug Administration (FDA) as therapies for depression. DBS and ABIs are still under investigation and are not FDA-approved therapies for depression.

Your participation in this study is really important to us, and your answers will help advance our understanding of how people view these types of interventions for treatment-resistant depression.

Thank you!